

*Dear Reader,*

Each day as I walk through town, work out at the Y, drive to the beach, or cook dinner at night, I listen to podcasts. Some are about finance, others about writing, or true crime, or celeb interviews. But my absolute favorites, the ones that are the background for hours upon hours of my life, are sex and relationship podcasts.

Every week I count down the days until the next episode of my favorite shows are released, and I've gone to live events here in Boston alongside other fans of the shows. I love the wisdom and humor of the hosts, and their incredible storytelling. After listening to the most intimate details of their lives for years, I almost feel like I know them, and that is what inspired me to write *Tell Me How You Really Feel*.

*Tell Me How You Really Feel* is about the hosts of a viral sex and relationships podcast. Their show about helping each other finding Mr. and Mrs. Right, while giving hilarious and explicit advice, goes viral after only a few episodes, and two years later they get a historic podcast deal. Unfortunately, they also have an epic falling-out and must figure out how to work together and fake their incredible chemistry that has now turned to hatred, while navigating becoming bona fide celebrities.

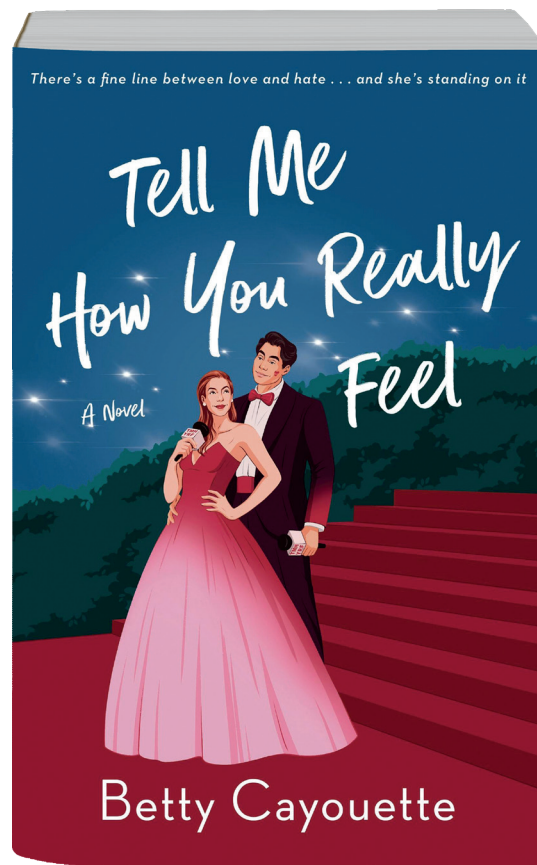
I loved writing characters that get to absolutely hate each other and make mistakes. It was exciting, and I feel like Maeve and Finn's chemistry truly leaps off the page. Their different backgrounds—Finn is a nepo baby, while Maeve has pulled herself up by her bootstraps—cause even more tension, and I loved every second of getting to know them. Writing this book was an absolute joy, and I can't wait for readers to meet Maeve and Finn.

Thank you for reading.

Sincerely,



Betty Cayouette



ST. MARTIN'S GRIFFIN